



Work Kit

Earthquakes can strike at any time. Most of us focus on our family and home preparation, but what should you keep on hand at the office or work site if disaster should strike during your work hours? Your focus will be twofold: letting your family know that you are alright and returning safely and quickly to your family.

Essentials

- Drinking water -- at least one to two quarts in a plastic bottle(s)
- Food and energy bars to sustain you during your trip home
- First aid kit
- Antibacterial wipes
- A hand--cranked or battery--operated radio (and spare batteries)
- Flashlight with extra batteries
- Work gloves (leather), protective goggles, and dust masks (N95) for exiting the building
- Poncho to protect you against inclement weather
- Whistle to signal for help
- Cash and quarters (for the pay telephone)
- Comfortable shoes
- Backpack or duffel bag to store these items

Additional Emergency Supplies to Consider

- Prescription medications and glasses
- Important telephone numbers for family and relatives
- Leatherman multi tool
- Medical gloves for assisting other injured workers (non--latex, preferably nitrile)
- Plastic bag for medical waste or other use
- Space blanket (Mylar emergency blanket)
- Extra pair of eyeglasses