



Car Kit

Earthquakes can strike at any time. Most of us focus on our family, home preparation, or a kit to keep at the workplace. But what should you keep on hand in the car if disaster should strike while you are on the road? Just as if a disaster should strike while you are at work, your focus will be twofold: letting your family know that you are alright and returning safely and quickly to your family.

Extra gasoline cannot be stored in your Car Kit. Ensure that you keep at least a half tank of gas in your car. Remember, if an earthquake strikes and the electricity is knocked out, you will not be able to refuel at a gas station until the electricity returns.

Essentials

- Drinking water - at least one to two quarts in a plastic bottle(s)
- Food and energy bars to sustain you during your trip home
- First aid kit
- Antibacterial wipes
- Flashlight with extra batteries
- Whistle to signal for help
- Cash and quarters (for the pay telephone)
- Comfortable shoes
- Backpack or duffel bag to store these items

Additional Emergency Supplies to Consider

- Prescription medications and glasses
- Important telephone numbers for family and relatives
- Leatherman multi tool
- Medical gloves (non-latex, preferably nitrile) for assisting other injured workers
- Plastic bag for medical waste or other use
- Space blanket (Mylar emergency blanket)
- Extra pair of eyeglasses
- Work gloves (leather), protective goggles, and dust mask (N95)
- Warm coat or blanket
- Poncho to protect you against inclement weather
- Jumper cables
- Flares
- Chains